

Rising From the Ashes of Betrayal

Navigating your Way to a New Life

Betrayal comes when we least expect it, and it asks us to change in ways we never anticipated. Betrayal demands that we let go of what we can't change, and takes us down pathways and doorways into a new way of being. Betrayal invites you to eliminate and release old, outdated, and worn-out patterns that no longer serve you, while finding the courage to create a new life that is more real and authentic. Betrayal signals a time of destruction and rebuilding along with rejuvenation and regeneration.

Join us for a three-day retreat in Carmel, California to explore and discover new ways of being in your life after experiencing betrayal. Humor, art, ceremony, rich questions and in-depth discussions will all be a part of this supportive women's workshop. Through a blend of emotional, spiritual and practical exercises, combined with creative personal exploration, you will take tangible steps on the path to healing, wholeness and empowerment.



THE FACILITATORS:

Kate Miller has been working with families for the past 15 years as a Conflict Resolution Specialist. She holds a BA in Counseling, MA in Metaphysical Science and has earned her Ministerial Degree. She is a published author of children's books and poetry, and recently finished her first in a series of parenting books. Kate has received various awards for her work with teens and domestic violence.

Bonny McGowan is a trained SoulCollage® facilitator and has taught collage workshops for over 10 years. Working with this process, you will inspire the "artist" within, and access your inner wisdom through the transformative power of symbols—guiding you to your deepest healing. Bonny is an artist, business woman, and self-made entrepreneur. She is familiar with the hidden gifts of loss and betrayal, and knows how to dance on a shifting carpet.



